



Suresh Rattan, University of Aarhus, Denmark;
Moustapha Kassem, University Hospital of Odense, Denmark (Eds.)

Prevention and Treatment of Age-related Diseases

Biogerontologists are now in a position to construct general principles of aging, and genuine attempts are being made to test and develop effective means of intervention, prevention and treatment of age-related diseases, and for achieving healthy old age. This book takes status of the molecular, cellular, hormonal, nutritional and lifestyle strategies being tested and applied. It comprises inter-dependent chapters written in the form of critical reviews by the world's leading researchers and practitioners in their respective fields. The format of the articles is a semi-academic style in which research data from various experimental systems is presented while focusing on their applications in human beings with respect to the prevention and treatment of age-related impairments.

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